

# *DISCOVERING CHOICES*

*Wednesday Workshop Series  
Hosted by WA Area, District 13*

**Wednesdays 6:00-7:30 pm PST**  
**Zoom Meeting ID: 387-493-608**  
**Passcode: 123456**

<https://zoom.us/j/387493608?pwd=MjRUUjJmdUEyaWIWcVl2d1dBeElMdz0>

<b>3/9</b>	1 We Start from Where We Are
<b>3/16</b>	2 A Solid Foundation
<b>3/23</b>	3 A More Positive Perspective
<b>3/30</b>	4 We Begin to Know Ourselves
<b>4/6</b>	5 Recognizing that a Better Way is Possible
<b>4/13</b>	6 Risks and Rewards
<b>4/20</b>	7 Creating Balance within Ourselves
<b>4/27</b>	8 Learning by Example
<b>5/4</b>	9 Detachment with Love
<b>5/11</b>	10 Choosing Happiness

<b>5/18</b>	11 Through Prayer and Meditation
<b>5/25</b>	12 In the Care of a Higher Power
<b>6/1</b>	13 Building Relationships through Service
<b>6/8</b>	14 Twelve Traditions & Twelve Concepts
<b>6/15</b>	15 Al-Anon Literature as a Resource for Relationships
<b>6/22</b>	16 Meaningful Relationships

**Check us out on Facebook:  
“Al-Anon Wednesday Workshop Series”**